

PK KB LIM 26: Session: 4: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 200M FREESTYLE MEN 13+							Heat:1, starttime: 14:18	
Heat: 1/5 Lane : 6 Athlete: HURKMANS CéDRIC							Q-time: 02:41:16	
PB (25m pool): 02:39.25 Lommel 02/03/2025				PB (50m pool): 02:39.18SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.31		01:15.53		01:57.38		02:39.25
	00:35.31		00:40.22		00:41.85		00:41.87	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:21	
Heat: 2/5 Lane : 6 Athlete: MANNAERTS MATHIAS							Q-time: 02:19:92	
PB (25m pool): 02:19.92 Bilzen 25/01/2026				PB (50m pool): 02:21.30SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.20		01:07.06		no time		02:19.92
	00:32.20		00:34.86					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:27	
Heat: 4/5 Lane : 7 Athlete: GERITS TUUR							Q-time: 02:07:35	
PB (25m pool): 02:07.35 Bilzen 25/01/2026				PB (50m pool): 02:11.10SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.12		01:01.73		no time		02:07.35
	00:29.12		00:32.61					
								

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:49
Heat: 2/9 Lane : 1 Athlete: DE LAAT ELENA					Q-time: 01:35:19
PB (25m pool): 01:36.57 Mol 28/12/2025					PB (50m pool): 01:36.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.95		01:36.57	
	00:46.95		00:49.62		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:49
Heat: 2/9 Lane : 5 Athlete: MANNAERTS ROSANNE					Q-time: 01:31:75
PB (25m pool): no time					PB (50m pool): 01:31.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+					Heat:2, starttime: 15:39
Heat: 2/6 Lane : 1 Athlete: HURKMANS CÉDRIC					Q-time: 00:31:72
PB (25m pool): 00:31.72 Beringen 16/03/2025					PB (50m pool): 00:32.75 SB: no time
	2 5 M	5 0 M			
PB		00:31.72			
	00:31.72				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+					Heat:3, starttime: 15:40
Heat: 3/6 Lane : 1 Athlete: MANNAERTS MATHIAS					Q-time: 00:29:07
PB (25m pool): 00:29.07 Beringen 08/02/2026					PB (50m pool): 00:29.86 SB: no time
	2 5 M	5 0 M			
PB		00:29.07			
	00:29.07				
					

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 15:42
Heat: 5/6 Lane : 5 Athlete: GERITS TUUR			Q-time: 00:26:34
PB (25m pool): 00:26.34 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:26.44 SB: no time			
	2 5 M	5 0 M	
PB		00:26.34	
		00:26.34	
			

Coach feedback: